

	FEMALE		NAME	YEAR	PERF.	DATE	LOCATION
	BANTAM	1	GWYNNE FEDORUK	1969	7.13	28-Jan-82	SASKATOON
	50M	2	JANICE ZAWASKI	1982	7.27	17-Dec-94	EDMONTON
		3	MELANIE HALWA	1982	7.34	12-Feb-94	EDMONTON
		4	COLLETTE GOUDREAU	1973	7.37	14-Dec-86	EDMONTON
		5	JENNIFER METZ	1975	7.37	20-Nov-88	CALGARY
		6	VICKI LYNCH	1970	7.41	12-Feb-83	EDMONTON
		7	ANGIE LACHMAN	1979	7.44	8-Feb-92	EDMONTON
		8	DEBBIE FOSTER	1978	7.44	12-Jan-91	EDMONTON
		9	SANDRA PAHAL	1973	7.45	23-Mar-85	EDMONTON
		10	ELLA STEEL DOUGLAS	2007	7.48	17-Feb-19	EDMONTON
		11	LIBBY DUNN	2006	7.53	17-Feb-19	EDMONTON
		12	SANDRA SMITHSON	1964	7.54	17-Dec-77	EDMONTON
		13	ANGIE REMBOWSKI	1965	7.54	16-Dec-78	EDMONTON
		14	CHELSEA SHURGOT	1980	7.57	26-Jan-92	CALGARY
		15	JAYME BIALIK	2007	7.63	17-Feb-19	EDMONTON
		16	KARI RESVIK	1971	7.64	2-Dec-84	EDMONTON
		17	KIM FELDMAN	1964	7.64	17-Dec-77	EDMONTON
		18	KIM LOGAN	1969	7.65	13-Mar-82	EDMONTON
		19	HEATHER WEGNER	1972	7.74	2-Dec-84	EDMONTON
		20	MICHELLE MAKOWSKY	1981	7.74	14-Feb-93	EDMONTON
	BANTAM	1	JANICE ZAWASKI	1982	8.23	4-Feb-95	EDMONTON
		2	GWYNNE FEDORUK	1969	8.32	23-Apr-82	SASKATOON
	60M	3	VANESSA BARR	1993	8.34	9-Dec-06	CALGARY
		4	COLLETTE GOUDREAU	1973	8.41	25-Apr-86	SASKATOON
		5	AMANDA GUENTHER	1983	8.48	30-Nov-96	EDMONTON
		6	MELANIE HALWA	1982	8.53	5-Feb-94	CALGARY
		7	ANGIE LACHMAN	1979	8.54	6-Mar-92	EDMONTON
		8	ELLA STEEL DOUGLAS	2007	8.60	15-Feb-19	EDMONTON
		9	CHELSEA SHURGOT	1980	8.62	10-Apr-92	SASKATOON
		10	DEBBIE FOSTER	1978	8.64	2-Dec-90	CALGARY
		11	JENNIFER KEMP	1983	8.64	7-Dec-96	CALGARY
		12	KAMI GAINSFORTH	1995	8.64	6-Dec-08	CALGARY
		13	SHEENA CODY	1986	8.68	11-Dec-99	CALGARY
		14	ARIELLE BOCK	1994	8.70	8-Dec-07	CALGARY
		15	JAYME BIALIK	2007	8.72	12-Jan-19	SASKATOON
		16	KELSEY RICHARD	1992	8.73	10-Dec-05	CALGARY
		17	MICHELLE MAKOWSKY	1981	8.74	3-Dec-94	CALGARY
		18	DAWN CHITRINA	1983	8.76	30-Nov-96	EDMONTON
		19	ASHLEY MOROZ	1987	8.78	25-Nov-00	EDMONTON
		20	CARA GIBSON	1977	8.80	2-Dec-90	CALGARY

	BANTAM	1	JAYME BIALIK	2007	21.27	12-Jan-19	SASKATOON
	150M	2	MERCEDES FOWLER	2001	21.85	27-Jan-13	CALGARY
		3	IZZY SEILER	2006	22.07	18-Feb-18	EDMONTON
		4	LIBBY DUNN	2006	22.16	28-Jan-18	CALGARY
		5	KYRA HERMANN	1999	22.19	28-Apr-12	CALGARY
		6	CHEYENNE GOH	1999	22.40	28-Apr-12	CALGARY
		7	NOELLE CAKMAK	1997	22.42	13-Mar-10	EDMONTON
		8	MEADOW DREBERT	2006	22.44	27-Jan-19	CALGARY
		9	RENAE DREBERT	2007	22.57	27-Jan-19	CALGARY
		10	JOSIE PLITT	2005	23.04	14-Jan-17	SASKATOON
		11	ELLA ROSS	2005	23.06	5-Mar-17	EDMONTON
		12	JULIANA CHIPIUK	2005	23.15	28-Jan-18	CALGARY
		13	PATRICIJA HIRSSONE	2006	23.39	18-Feb-18	EDMONTON
		14	CADY MCCUBBING	2002	23.47	1-Feb-15	CALGARY
		15	KENNA BOLE	2004	23.66	4-Dec-16	CALGARY
		16	TYLER MITCHELL	2005	23.74	18-Feb-18	EDMONTON
		17	CHAVA PARMAR	1997	24.01	13-Mar-10	EDMONTON
		18	ISABELLA SHEPTAK	2002	24.30	4-Jan-14	CALGARY
		19	HALEY KEIRSTEAD	1999	24.31	10-Mar-12	EDMONTON
		20	LAUREN DELLEZAY	2005	24.75	28-Jan-18	CALGARY
	BANTAM	1	JANICE ZAWASKI	1982	26.58	18-Feb-95	POCATELLO
	200M	2	VANESSA BARR	1993	27.81	25-Nov-06	EDMONTON
		3	GWYNNE FEDORUK	1969	28.06	13-Mar-82	EDMONTON
		4	TANYA WRIGHT	1981	28.06	10-Dec-94	EDMONTON
		5	MELANIE HALWA	1982	28.14	6-Mar-94	EDMONTON
		6	ANGIE LACHMAN	1979	28.31	12-Feb-92	CALGARY
		7	CHELSEA SHURGOT	1980	28.64	6-Mar-92	EDMONTON
		8	VICKI LYNCH	1970	28.70	13-Feb-83	EDMONTON
		9	DAWN CHITRINA	1983	28.81	1-Dec-96	EDMONTON
		10	ARIELLE BOCK	1994	28.82	1-Dec-07	EDMONTON
		11	JAYME BIALIK	2007	28.90	16-Mar-19	EDMONTON
		12	AMANDA GUENTHER	1983	29.11	1-Dec-96	EDMONTON
		13	HEATHER WEGNER	1972	29.16	23-Mar-85	EDMONTON
		14	MICHELLE MAKOWSKY	1981	29.34	4-Dec-93	CALGARY
		15	KELSEY RICHARD	1992	29.36	26-Nov-05	EDMONTON
		16	NATASHA SMALLWOOD	1996	29.41	7-Mar-09	EDMONTON
		17	ERIKA OSWALD	1990	29.43	15-Mar-03	EDMONTON
		18	DEBBIE FOSTER	1978	29.44	9-Feb-91	EDMONTON
		19	JENNY VAN KEMPEN	1982	29.45	2-Dec-95	EDMONTON
		20	KAMI GAINSFORTH	1995	29.45	29-Nov-08	EDMONTON

	BANTAM	1	JANICE ZAWASKI	1982	42.00	29-Apr-95	SASKATOON
	300M	2	GWYNNE FEDORUK	1969	43.50	27-Dec-82	SASKATOON
		3	MELANIE HALWA	1982	44.05	29-Apr-94	SASKATOON
		4	TANYA WRIGHT	1981	45.03	29-Apr-94	SASKATOON
		5	HEATHER WEGNER	1972	45.75	27-Dec-85	SASKATOON
		6	VICKI LYNCH	1970	46.17	27-Dec-82	SASKATOON
		7	ARIELLE BOCK	1994	46.17	8-Dec-07	CALGARY
		8	NATASHA SMALLWOOD	1996	46.24	6-Dec-08	CALGARY
		9	ANGIE LACHMAN	1979	46.77	18-Jan-92	EDMONTON
		10	CHELSEA SHURGOT	1980	46.80	18-Jan-92	EDMONTON
		11	DEBBIE FOSTER	1978	47.32	4-Jan-91	SASKATOON
		12	ANGIE REMBOWSKI	1965	47.34	16-Dec-78	EDMONTON
		13	MICHELLE MAKOWSKY	1981	47.43	1-May-93	SASKATOON
		14	SANDRA SMITHSON	1964	47.44	17-Dec-77	EDMONTON
		15	CHELSEA LINK	1979	47.52	10-Apr-92	SASKATOON
		16	JESSICA NUGENT	1979	47.70	10-Apr-92	SASKATOON
		17	ZARA ROCKWELL	1971	47.81	27-Dec-84	SASKATOON
		18	KIM LOGAN	1969	47.90	27-Nov-82	EDMONTON
		19	RILEY LAForge	1994	48.04	13-Jan-07	CALGARY
		20	DEVIN FLINT	1996	48.10	6-Dec-08	CALGARY
	BANTAM	1	JANICE ZAWASKI	1982	60.50	2-Dec-95	EDMONTON
	400M	2	NATASHA SMALLWOOD	1996	62.78	28-Nov-09	EDMONTON
		3	TANYA WRIGHT	1981	62.79	10-Dec-94	EDMONTON
		4	GWYNNE FEDORUK	1969	62.90	13-Mar-82	EDMONTON
		5	ZARA ROCKWELL	1971	63.69	10-Mar-84	EDMONTON
		6	MELANIE HALWA	1982	63.84	12-Feb-94	EDMONTON
		7	DEBBIE FOSTER	1978	65.17	2-Mar-91	EDMONTON
		8	VICKI LYNCH	1970	66	27-Jan-83	SASKATOON
		9	JENNY VAN KEMPEN	1982	65.68	2-Dec-95	EDMONTON
		10	CARA GIBSON	1977	66.00	8-Dec-90	EDMONTON
		11	SHAY OSTAPOWICH	1976	66.40	11-Feb-89	EDMONTON
		12	CHELSEA SHURGOT	1980	66.73	6-Mar-92	EDMONTON
		13	ANGIE LACHMAN	1979	66.92	1-Mar-91	EDMONTON
		14	BARB DROLET	1972	67.20	24-Jan-85	SASKATOON
		15	CHRISTINE ZAWASKI	1980	67.34	14-Feb-93	EDMONTON
		16	HEATHER WEGNER	1972	68.02	23-Mar-85	EDMONTON
		17	MARIE CHALIFOUX	1984	68.34	30-Nov-96	EDMONTON
		18	NICOLE MARVIN	1981	68.43	5-Mar-94	EDMONTON
		19	ANALIESE MACEACHERN	1996	68.51	28-Nov-09	EDMONTON
		20	KIM LOGAN	1969	68.70	13-Mar-82	EDMONTON

	BANTAM	1	JANICE ZAWASKI	1982	1:20.91	28-Apr-95	SASKATOON
	500M	2	CHRISTINE ZAWASKI	1980	1:26.26	10-Apr-92	SASKATOON
		3	ZARA ROCKWELL	1971	1:26.79	31-Mar-84	SASKATOON
		4	SHAY OSTAPOWICH	1976	1:27.47	29-Apr-89	SASKATOON
		5	VICKI LYNCH	1970	1:27.55	22-Apr-83	SASKATOON
		6	NICOLE MARVIN	1981	1:28.39	29-Apr-94	SASKATOON
		7	DEBBIE FOSTER	1978	1:29.73	26-Apr-91	SASKATOON
		8	CHELSEA SHURGOT	1980	1:30.45	1-May-93	SASKATOON
		9	HEATHER KRUEGER	1978	1:30.79	26-Apr-91	SASKATOON
		10	SARAH BIBERGER	1977	1:31.28	27-Apr-90	SASKATOON
		11	DARA LEE GEAKE	1970	1:31.58	22-Apr-83	SASKATOON
		12	HEATHER WEGNER	1972	1:32.26	30-Mar-84	SASKATOON
		13	CARA GIBSON	1977	1:32.43	27-Apr-90	SASKATOON
		14	ANGELA AUSTIN	1978	1:33.39	26-Apr-91	SASKATOON
		15	CHELSEA LINK	1979	1:34.91	10-Apr-92	SASKATOON
		16	ANDREA GOLLY	1978	1:36.68	26-Apr-91	SASKATOON
		17	KATHY CARDINAL	1974	1:38.13	25-Apr-86	SASKATOON
		18	JO-JO HARRIS	1976	1:40.13	29-Apr-89	SASKATOON
		19	BRETT FOLEY	1982	1:40.56	29-Apr-94	SASKATOON
		20	MARY MUGFORD	1970	1:41.56	22-Apr-83	SASKATOON
	BANTAM	1	LIBBY DUNN	2006	1:39.49	10-Feb-19	EDMONTON
	600M	2	JANICE ZAWASKI	1982	1:41.80	21-Jan-95	EDMONTON
		3	GWYNNE FEDORUK	1969	1:42.69	27-Dec-82	SASKATOON
		4	MEADOW DREBERT	2006	1:42.73	10-Feb-19	EDMONTON
		5	RILEY LAFORGE	1994	1:44.53	28-Apr-07	CALGARY
		6	CHRISTINE ZAWASKI	1980	1:47.30	4-Dec-93	CALGARY
		7	NATASHA SMALLWOOD	1996	1:49.09	24-Jan-09	CALGARY
		8	VICKI LYNCH	1970	1:49.15	27-Dec-82	SASKATOON
		9	GINELLE DEMONE	1998	1:49.91	3-Dec-11	EDMONTON
		10	HEATHER WEGNER	1972	1:50.10	27-Dec-85	SASKATOON
		11	BARB DROLET	1972	1:51.44	27-Dec-85	SASKATOON
		12	DEBBIE FOSTER	1978	1:51.74	17-Feb-91	CALGARY
		13	NICOLE MARVIN	1981	1:51.81	22-Jan-94	EDMONTON
		14	TANYA WRIGHT	1981	1:52.10	22-Jan-94	EDMONTON
		15	KARI RESVICK	1971	1:52.89	27-Dec-84	SASKATOON
		16	KIM LOGAN	1969	1:53.27	27-Dec-82	SASKATOON
		17	ELLA ROSS	2005	1:53.37	4-Mar-17	EDMONTON
		18	DEVIN FLINT	1996	1:53.39	24-Jan-09	CALGARY
		19	MELANIE HALWA	1982	1:53.98	11-Feb-95	CALGARY
		20	PATRICIJA HIRSSONE	2006	1:54.06	10-Feb-19	EDMONTON

	BANTAM	1	LIBBY DUNN	2006	2:19.04	16-Mar-19	EDMONTON
	800M	2	MEADOW DREBERT	2006	2:20.42	16-Mar-19	EDMONTON
		3	TANYA WRIGHT	1981	2:24.44	17-Dec-94	EDMONTON
		4	JANICE ZAWASKI	1982	2:25.40	5-Feb-95	EDMONTON
		5	RILEY LAFORGE	1994	2:29.70	8-Dec-07	CALGARY
		6	IZZY SEILER	2006	2:29.91	16-Mar-19	EDMONTON
		7	CHRISTINE ZAWASKI	1980	2:30.16	11-Dec-93	EDMONTON
		8	JULIANA CHIPIUK	2005	2:30.23	8-Dec-18	CALGARY
		9	NATASHA SMALLWOOD	1996	2:30.69	7-Feb-09	EDMONTON
		10	BARB DROLET	1972	2:31.89	23-Mar-85	EDMONTON
		11	TAYLOR PATTERSON	1991	2:32.59	7-Mar-04	EDMONTON
		12	NICOLE MARVIN	1981	2:32.99	6-Mar-94	EDMONTON
		13	SHAY OSTAPOWICH	1976	2:33.41	3-Mar-89	EDMONTON
		14	GABRIELLE SHEPTAK	2003	2:34.86	14-Mar-15	EDMONTON
		15	GWYNNE FEDORUK	1969	2:35.43	13-Mar-82	EDMONTON
		16	HALEY KEIRSTEAD	1999	2:35.71	17-Mar-12	EDMONTON
		17	JENNY VAN KEMPEN	1982	2:35.73	2-Dec-95	EDMONTON
		18	MERCEDES FOWLER	2001	2:35.97	16-Mar-13	EDMONTON
		19	AMY BROHMAN	1986	2:36.03	27-Nov-99	EDMONTON
		20	VICKI LYNCH	1970	2:36.30	13-Feb-83	EDMONTON
	BANTAM	1	LIBBY DUNN	2006	3:04.19	19-Jan-19	EDMONTON
	1000M	2	MEADOW DREBERT	2006	3:07.49	9-Feb-19	EDMONTON
		3	GWYNNE FEDORUK	1969	3:08.30	27-Nov-82	EDMONTON
		4	CHRISTINE ZAWASKI	1980	3:16.88	10-Apr-92	SASKATOON
		5	JENNIFER KEMP	1983	3:17.05	7-Dec-96	CALGARY
		6	NICOLE MARVIN	1981	3:17.36	29-Apr-94	SASKATOON
		7	JANICE ZAWASKI	1982	3:18.34	29-Apr-94	SASKATOON
		8	TANYA WRIGHT	1981	3:19.76	29-Apr-94	SASKATOON
		9	SHAY OSTAPOWICH	1976	3:22.62	29-Apr-89	SASKATOON
		10	TAYLOR PATTERSON	1991	3:24.17	31-Jan-04	CALGARY
		11	VICKI LYNCH	1970	3:24.30	27-Nov-82	EDMONTON
		12	HEATHER MYATT	1991	3:26.05	14-Feb-04	EDMONTON
		13	JENNY VAN KEMPEN	1982	3:26.18	9-Dec-95	CALGARY
		14	MELANIE HALWA	1982	3:26.49	5-Feb-94	CALGARY
		15	HEATHER KRUEGER	1978	3:26.85	26-Apr-91	SASKATOON
		16	HALEY KEIRSTEAD	1999	3:28.15	28-Jan-12	CALGARY
		17	JULIANA CHIPIUK	2005	3:28.36	28-Jan-18	CALGARY
		18	DARA LEE GEAKE	1970	3:29.30	27-Nov-82	EDMONTON
		19	HEATHER WEGNER	1972	3:29.64	31-Mar-84	SASKATOON
		20	KATHY CARDINAL	1974	3:30.01	10-Apr-87	SASKATOON

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	BANTAM	1	GWYNNE FEDORUK	1969	8.59	13-Mar-82	EDMONTON
	50M HURDLES	2	ANGIE LACHMAN	1979	8.79	12-Dec-92	EDMONTON
		3	CARA GIBSON	1977	9.01	8-Dec-90	EDMONTON
		4	SHAY OSTAPOWICH	1976	9.25	9-Dec-89	EDMONTON
		5	MELONIE GROEGER	1974	9.30	11-Dec-87	EDMONTON
		6	KIM LOGAN	1969	9.63	13-Mar-82	EDMONTON
		7	DARA LEE GEAKE	1970	10.16	12-Feb-83	EDMONTON
		8	HEATHER WEGNER	1972	10.34	23-Mar-85	EDMONTON
		9	KATHY SHEPTAK	1970	10.59	12-Feb-83	EDMONTON
		10	ZARA ROCKWELL	1971	10.76	19-Feb-84	EDMONTON
		11	MARY MUGFORD	1970	11.05	12-Feb-83	EDMONTON
		12	KJELTE WILKES	1973	11.34	22-Mar-86	EDMONTON
		13	MANDY HEATH	1972	12.24	12-Jan-85	EDMONTON
	BANTAM	1	AMANDA GUENTHER	1983	10.96	2-Dec-95	EDMONTON
	60M HURDLES	2	MELONIE GROEGER	1974	10.98	10-Apr-87	SASKATOON
		3	DAWN CHITRINA	1983	11.14	1-Dec-96	EDMONTON
		4	JAYME BIALIK	2007	11.14	9-Feb-19	EDMONTON
		5	HEATHER SHURGOT	1983	11.15	3-Mar-96	EDMONTON
		6	SHAY OSTAPOWICH	1976	11.40	3-Mar-89	EDMONTON
		7	KAYLA NEUFELD	1983	11.66	1-Dec-96	EDMONTON
		8	NATASHA SMALLWOOD	1996	11.95	16-Jan-09	EDMONTON
		9	MERCEDES FOWLER	2001	11.96	20-Jan-13	EDMONTON
		10	JOSIE PLITT	2005	12.05	13-Jan-18	SASKATOON
		11	ARIELLE BOCK	1994	12.42	10-Feb-07	EDMONTON
		12	MARIE CHALIFOUX	1984	12.50	1-Mar-97	EDMONTON
		13	GABRIELLE SHEPTAK	2003	12.68	17-Jan-15	EDMONTON
		14	CHRISTINE SIMARD	1996	12.82	16-Jan-09	EDMONTON
		15	CASSANDRA CARTER	1982	12.83	2-Dec-95	EDMONTON
		16	NOELLE CAKMAK	1997	12.94	7-Mar-09	EDMONTON
		17	HEATHER MYATT	1991	13.06	8-Mar-03	EDMONTON
		18	VANESSA BOUDREAU	1983	13.34	2-Dec-95	EDMONTON
		19	REBECCA MOEN	1996	13.81	16-Jan-09	EDMONTON
		20	MARIA PAPADOPOLOUS	1991	13.92	8-Mar-03	EDMONTON

	BANTAM	1	MICHELLE MAKOWSKY	1981	1.54	22-Jan-94	EDMONTON
	HIGH JUMP	2	ANGIE LACHMAN	1979	1.53	6-Mar-92	EDMONTON
		3	GWYNNE FEDORUK	1969	1.50	27-Dec-82	SASKATOON
		3	HEATHER WEGNER	1972	1.50	27-Dec-85	SASKATOON
		5	KRISTIN VAN ECK	1983	1.45	1-Dec-96	EDMONTON
		5	NOELLE CAKMAK	1997	1.45	13-Mar-10	EDMONTON
		7	JENNIFER METZ	1975	1.44	17-Dec-88	EDMONTON
		8	HEATHER SHURGOT	1983	1.40	29-Apr-95	SASKATOON
		8	AMANDA GUENTHER	1983	1.40	29-Apr-95	SASKATOON
		8	TANYA WRIGHT	1981	1.40	5-Mar-94	EDMONTON
		8	SHAY OSTAPOWICH	1976	1.40	29-Apr-89	SASKATOON
		12	MELONIE GROEGER	1974	1.37	14-Feb-87	EDMONTON
		12	SHAUNA BEGG	1977	1.37	13-Jan-90	EDMONTON
		14	JENNIFER POMERLEAU	1983	1.36	3-Mar-96	EDMONTON
		15	DAWN CHITRINA	1983	1.35	1-Dec-96	EDMONTON
		15	JENNI MINCHAU	1978	1.35	2-Mar-91	EDMONTON
		15	ANDREA GOLLY	1978	1.35	2-Mar-91	EDMONTON
		15	JANET BERRY	1972	1.35	23-Mar-85	EDMONTON
		15	JODIE ARBUCKLE	1976	1.35	9-Dec-89	EDMONTON
		15	BRANDY CLAPPERTON	1977	1.35	8-Dec-90	EDMONTON
		15	JOSIE PLITT	2005	1.35	18-Feb-18	EDMONTON
	BANTAM	1	GWYNNE FEDORUK	1969	5.09	27-Nov-82	EDMONTON
	LONG JUMP	2	JANICE ZAWASKI	1982	5.05	1-Dec-95	EDMONTON
		3	ELLA STEEL DOUGLAS	2007	4.95	16-Mar-19	EDMONTON
		4	MELANIE HALWA	1982	4.82	1-Dec-95	EDMONTON
		5	HEATHER WEGNER	1972	4.72	27-Dec-85	SASKATOON
		6	VANESSA BARR	1993	4.72	4-Mar-06	EDMONTON
		7	MICHELLE MAKOWSKY	1981	4.69	29-Apr-94	SASKATOON
		8	ANGIE LACHMAN	1979	4.66	20-Mar-92	EDMONTON
		9	ARIELLE BOCK	1994	4.66	1-Dec-07	EDMONTON
		10	JENNA LUNDE	1985	4.57	29-Nov-98	EDMONTON
		11	AMANDA GUENTHER	1983	4.57	1-Dec-96	EDMONTON
		12	KIM LOGAN	1969	4.51	27-Nov-82	EDMONTON
		13	COLLETTE GOUDREAU	1973	4.51	13-Dec-86	EDMONTON
		14	CARA GIBSON	1977	4.47	8-Dec-90	EDMONTON
		15	JENNIFER METZ	1975	4.46	17-Dec-88	EDMONTON
		16	SANDRA PAHAL	1973	4.45	23-Mar-85	EDMONTON
		17	SHEENA CODY	1986	4.42	17-Jan-99	EDMONTON
		18	HEATHER SHURGOT	1983	4.34	1-Dec-95	EDMONTON
		19	COURTNEY SETTER	2002	4.34	30-Nov-14	EDMONTON
		20	JESSICA NUGENT	1979	4.31	20-Mar-92	EDMONTON

[illegible]

		1	ARIELLE BOCK	1994	8.45	1-Dec-07	EDMONTON
	SHOT 2.7K	2	RILEY LAFORGE	1994	7.26	1-Dec-07	EDMONTON
		3	ALISSA UDHOLM	1998	7.14	4-Dec-10	EDMONTON
		4	NATASHA SMALLWOOD	1996	6.61	16-Jan-09	EDMONTON
		5	JORDAN TAYLOR	1995	6.55	29-Nov-08	EDMONTON
		6	KAMI GAINSFORTH	1995	6.48	29-Nov-08	EDMONTON
		7	DEVIN FLINT	1996	6.36	7-Feb-09	EDMONTON
		8	CHAVA PARMAR	1997	6.14	28-Nov-09	EDMONTON
		9	NOELLE CAKMAK	1997	6.11	16-Jan-09	EDMONTON
		10	KATIE ELDER	1994	6.06	1-Dec-07	EDMONTON
		11	CHEYENNE GOH	1999	5.90	24-Nov-12	EDMONTON
		12	KATIE RICHARD	1995	5.81	29-Nov-08	EDMONTON
		13	REBECCA MOEN	1996	5.79	7-Feb-09	EDMONTON
		14	CHRISTINE SIMARD	1996	5.41	7-Feb-09	EDMONTON
		15	KYRA HERMANN	1999	5.31	24-Nov-12	EDMONTON
		16	MERCEDES FOWLER	2001	5.23	20-Jan-13	EDMONTON
		17	SIERRA HALWA	1997	5.19	4-Dec-10	EDMONTON
		18	JESSICA ANDERSON	1998	5.15	3-Dec-11	EDMONTON
		19	HALEY KEIRSTEAD	1999	4.86	24-Nov-12	EDMONTON
		20	GINELLE DEMONE	1998	4.78	3-Dec-11	EDMONTON
	SHOT 3K	1	LIBBY DUNN	2006	7.77	15-Feb-19	EDMONTON
		2	LAUREN DELLEZAY	2005	7.39	17-Nov-18	EDMONTON
		3	ELLA ROSS	2005	6.83	18-Feb-18	EDMONTON
		4	MEADOW DREBERT	2006	6.14	17-Nov-18	EDMONTON
		5	AVERY BUCYK	2004	5.97	6-Mar-16	EDMONTON
		6	KENNA BOLE	2004	5.89	17-Feb-17	EDMONTON
		7	TYLER MITCHELL	2005	5.80	18-Feb-18	EDMONTON
		8	ELLA STEEL DOUGLAS	2007	5.79	15-Feb-19	EDMONTON
		9	PATRICIJA HIRSSONE	2006	5.74	15-Feb-19	EDMONTON
		10	CADY MCCUBBING	2002	5.32	17-Jan-15	EDMONTON
		11	AMY SWEET	2002	5.23	17-Jan-15	EDMONTON
		12	RENAE DREBERT	2006	5.17	15-Feb-19	EDMONTON
		13	JOSIE PLITT	2005	5.02	14-Jan-17	SASKATOON
		14	IZZY SEILER	2006	4.92	17-Nov-18	EDMONTON
		15	MACY MCCUBBING	2004	4.88	7-Feb-16	EDMONTON
		16	COURTNEY SETTER	2002	4.34	30-Nov-14	EDMONTON
		17	JULIANA CHIPIUK	2005	3.58	5-Mar-17	EDMONTON
		18	GABRIELLE SHEPTAK	2003	3.35	17-Jan-15	EDMONTON